



**“A life changing
journey is just a
decision away!”**

The Program

Purpose

Our purpose is to provide individuals with an effective and comprehensive Christian faith-based solution to life-controlling problems. By applying biblical principles, True Hope, endeavors to help people become mentally-sound, emotionally-balanced, socially-adjusted, physically-well, and spiritually-alive. Our goal is to help residents establish chemical-free life-styles in connection with issues they identify as life-controlling and to recognize that these skills and tools are transferable to future problems and challenges they will face.

Plan

This faith-based residential program assists individuals in recovering from drug and alcohol addiction and the life-controlling problems associated with it. In addition, residents work on overcoming rebellion and the self-destructive behaviors associated with their substance abuse and developing positive life skills. Residents participate in spiritual growth activities, individual counseling, and choir.

Work Study

Through our adult work-study program, residents have the opportunity to develop a strong work ethic while learning new skills and the importance of teamwork and a good attitude. Work study consists of tasks such as administrative tasks, kitchen clean-up, laundry, janitorial duties, simple maintenance projects and wood working. These activities help residents understand personal responsibility for their own living space and the importance of serving others.

Our Focus:

- Helping residents develop a spiritual life that provides inner-strength and a foundation for lasting recovery.
- Helping residents identify and replace negative and unhealthy core beliefs using a series of 14 group studies.
- The students give their testimonies to various groups which helps residents strengthen their motivation for change.
- Life skill development in areas such as personal and family relationships, self-acceptance, relapse prevention, social skills development, anger management, recreation, etc.

Residential Program

Our center offers a 12 month residential program for adults designed to help individuals learn how to live drug-free lives. During their stay, they do not hold down outside jobs, as all of their attention is focused on the program. We challenge the residents to embrace the Christian faith. We see that when they do, their lives are transformed and they find true meaning.

True Hope Ministries is structured to meet the needs of those whose lives have been shattered by addictions. True Hope Ministries offers a well-developed, multi-phased discipleship training program. We also provide prevention programs each year through public school assemblies and church meetings.

True Hope Ministries has significant impact on local communities. By the time an individual enters True Hope he/she has typically had almost every relationship and family tie shattered that might be helpful in recovery. They have usually formed strong relationships with people and groups that actually perpetuate the addiction spiral. After completing True Hope, hope is restored to more than just the addict, but to the family as well. Solid, positive relationships within community and family are also re-established.

During the program men and women move away from lifestyles centered around active addiction, confront the opportunity to live drug-free and learn to make basic decisions in a highly structured environment. True Hope offers not only environmental change, but teaches practical life skills to cope with the roots of their addiction.

According to the a National Survey on Drug Use, an estimated 7.7 million individuals age 12 or older were in need of care for an illicit drug problem. Furthermore, an estimated 18.6 million persons age 12 or older were in need of assistance for an alcohol problem. True Hope has responded with action to statistics like these. Providing residential care for women seeking freedom from life-controlling problems, Jesus has become their answer.

In the process of breaking down the addiction cycle, True Hope Ministries has become a solution to the addiction crisis.

FAQ: Frequently Asked Questions

Can students take medicine?

Students are allowed to take medicine as prescribed by a physician. No medications of a narcotic or addictive nature are permitted. Individuals must receive permission from the Induction Director prior to bringing any medications with them. True Hope Ministries does not provide medications. Individuals must have the means to pay for their medications. All medications must be in a bottle with a pharmacy label and proper instructions.

Can students visit a doctor while in the program?

True Hope Ministries is not responsible for any medical bills a student incurs while in the program. Students are allowed to go to the doctor for emergencies only. Any pre-existing medical problems must be addressed prior to admittance. You must also provide records of any condition which will limit your abilities to perform at full capacity.

Can a person parole out or be court ordered to True Hope Ministries?

We do have those who parole out or are court ordered to our program. They must meet the requirements of the program and have the means to pay their monthly parole/probation fees. Should they be dismissed from the program, leave for medical reasons or on her own accord, we will report this immediately to the appropriate court officials.

Can a student leave the program at any time?

True Hope Ministries is a voluntary placement program even when the individual is court ordered. We will always strongly encourage the individual to stay in the program. However, if they insist on leaving, we will facilitate their exit from the program. If the individual is court ordered, we will notify the court of their leaving True Hope Ministries.

How can I facilitate my loved one's success in the True Hope Ministries program?

One of the best ways to assist in someone's success at True Hope is for everyone involved to understand the nature, objectives, rules and guidelines of the program. The individual needs to be aware of the long-term commitment that they will be making, and be willing to change their lifestyle. You can provide the information to them, encourage them while they are here, but whether or not they are successful in the program depends solely up to them.

Can I Get My G.E.D. While In The Program?

If a student does not have a high school diploma then they will automatically be enrolled in the G.E.D. program.